Room Temperature Troubleshooting

Temperature Concerns?

Here’s how to address them:

1. Learn where your thermostat is and who else that thermostat affects. If you need guidance, email energyconservation@umich.edu.

2. Discuss temperature preferences with your thermostat group.

3. Set thermostat appropriately for three working days before adjusting (72-74 in summer, 70-72 in winter).

4. Every day make note of:
   - Actual room temperature
   - Perceived temperature (too hot, too cold, no issue)

5. After 3 days at this setting, discuss a potential new setting with your group.
   Repeat steps 3-5 until a new agreeable setpoint is reached.

What Affects Temperature

- Avoid placing computers or printers near thermostats. The heat they give off can distort the temperature the thermostat senses, affecting room temperature for everyone.

- Allow your body to adjust to the space temperature after entering, usually about 30 minutes. Coming inside from especially hot or cold weather will influence your perception of the space temperature.

- Building fans are routinely turned off overnight and over the weekends to save energy. This may lead to early morning temperature swings. The building may take up to an hour to reach the temperature set on the thermostat. Building fans can be set to start prior to occupant arrival to mitigate this issue.

- Space heaters use a lot of energy. Avoid them if possible.

- Work in an area with 10 occupants and you will find 10 (or more) different temperature preferences. Please be flexible and be able to add/remove outer layers to remain comfortable if necessary.