

Bye, desk bins

Your effort supports U-M's
waste reduction goal:
Reduce landfill waste
by 40% by 2025



Hello, healthier, more sustainable workplace!

Many of our peers have eliminated waste bins at desks. Now U-M is encouraging this smart choice too.

HERE'S WHY!

- Support our custodians' health by reducing the ergonomic strain of bending and lifting
- Increase recycling and composting rates
- Increase opportunities for movement during the workday
- Reduce pest issues
- Redistribute custodial staff time to higher-priority tasks
- Reduce plastic liners (7% of our landfill waste!)

GET STARTED

- Whether you're an individual, an MHealthy Champion, or part of a Green Team, you can help make this happen in your office! It's a great opportunity to rally others around the university's sustainability and well-being values.
- Contact us for personalized assistance.
 - Reduce or completely remove bins? We can help you decide.
 - Is a before-and-after comparison interesting to your group? We can collect waste diversion data.
 - We'll coordinate the reduction or removal of bins and communicate with the custodial team.
- Email recycle@umich.edu to get started.

Centralized Bins

- U-M data shows people sort waste more accurately at centralized bins
- Lower contamination
→ more waste reduction
- Often includes compost bin



Deskside Bins

- High contamination rates
- No compost and sometimes no recycling bin
- Only serviced once per week



"You're not only helping our environment, you're also doing something good for yourself. Our bodies are designed to move. Building in as little as three minutes of movement every 30 minutes can give you more energy, reset posture and help you feel more alert throughout the day."

-Brett Knight MHealthy Program Manager

GET INVOLVED: ocs.umich.edu

